

## STAFFORD COUNTY VOLLEYBALL RULES

Serving line will be from the back of the basketball free throw lane extended. On serve, ball must be hit before foot crosses serving line. **(2nd & 3rd grade will serve up to the spike line)**

The Host team will be home team, home team picks side and will serve first. There after the losing team shall first serve. Teams will play a two out of three game match. First two games will be played to 20 points must be ahead by two points to win. Third game will be played to 15 points. Rally scoring will be in effect. 2 time outs per game.

**5 serve limit then side out or other team serves**

No jewelry may be worn by players.

All walls and other obstacles are out of bounds – you can play off of your own side after hitting the ceiling.

**Players may enter the game through rotations system. The player rotating in must enter at the middle of the back row.**

All players must clearly hit or bat the ball. Players are not permitted to scoop, hold, or lift the ball. Ball must be thrown under the net for side out play.

Players can't contact the net while the ball is in play. When hitting or blocking the ball, the hand must not remain in contact with the ball on the opponent's side of the net. A follow through is allowed as long as the player does not contact the net.

No player may encroach upon the opponent's court or interfere with opponent's play. The center line may be stepped on but not cross.

Each team can not hit the ball more than 3 times before the ball crosses the net to enter the opponent's playing area, unless there is simultaneous contact between opponents or an attempt to block an opponent's hit.

Legal contact or hit – is a touch of the ball by a player's body above and including the waist which does not allow the ball to visibly come to rest or involve prolonged contact with a player's body. A served ball which contacts the net but continues over the net will be played. The lines are in!

**B.A.G.S.**

Be a good sport!